

Humbledon Outdoor Activities Association

Monday 3rd May 2010

Durham to Finchale Abbey

5 miles on Grade 2 water

# The 23rd Annual Conex Canoe Race

which was established in 1988  
is held annually on the early  
May Day Bank Holiday Monday

## **Open to all paddlers**

*Individuals, Canoe Clubs, Schools, Youth Organisations, Firms*

## **Starts**

There are three separate starts, at approximately  
five minute intervals, commencing at 12 noon.

## **Large prize list**

**Conex Cup** to be held for one year by the overall winner.

**Numerous trophies** are awarded in various classes.

[Entry fees](#) - All entries on the day

**Single boat £3.00, Double boat/Canadian £4.00.**

[Start](#) - Millennium Bridge, Durham City

(Grid Ref. 274 430)

[Finish](#) - Footbridge in front of Finchale Abbey

(Grid ref: 296 471)

**Race organiser:** David Mills. Tel. 0191-549 1784

or see our web site: [www.conexcanoerace.co.uk](http://www.conexcanoerace.co.uk)